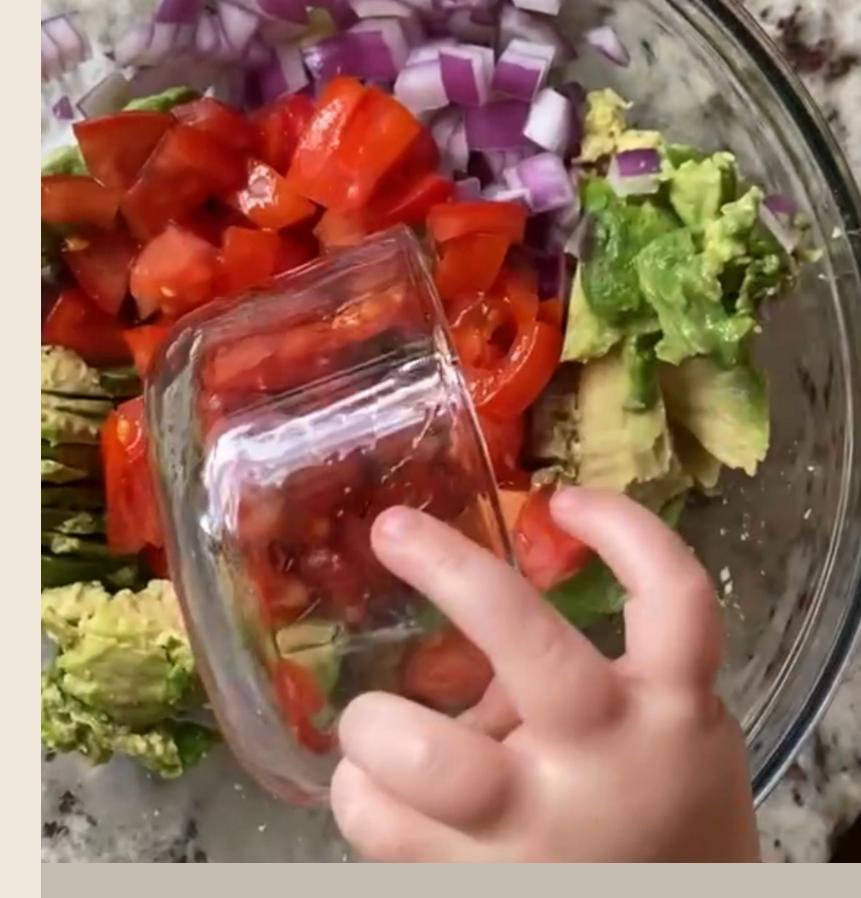
WWW.HIKINGWITHHARPS.COM



Cooking With Your Toddler

MATERIALS + INGREDIENTS LISTING

HOMEMADE PLAYDOUGH

INGREDIENTS NEEDED



GATHER ALL INGREDIENTS PRIOR TO STARTING

HOMEMADE PLAYDOUGH

MATERIALS NEEDED





trays

mixing spoon

large bowl



smaller bowls



tower or table



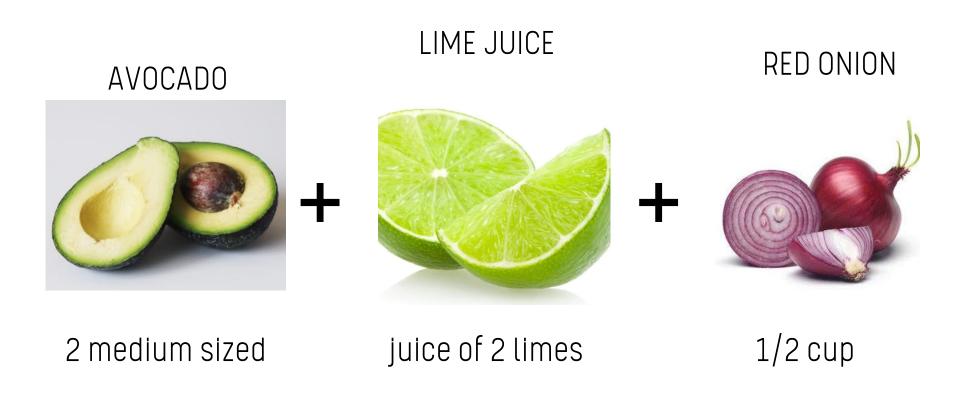
apron



the materials listed above include affiliate links. You can use any table/tower you find best for your home. These are my suggestions based off my experience in the past three years.

GUACAMOLE

INGREDIENTS NEEDED





GATHER ALL INGREDIENTS PRIOR TO STARTING

GUACAMOLE

MATERIALS NEEDED







trays

potato smasher

large bowl



smaller bowls







apron

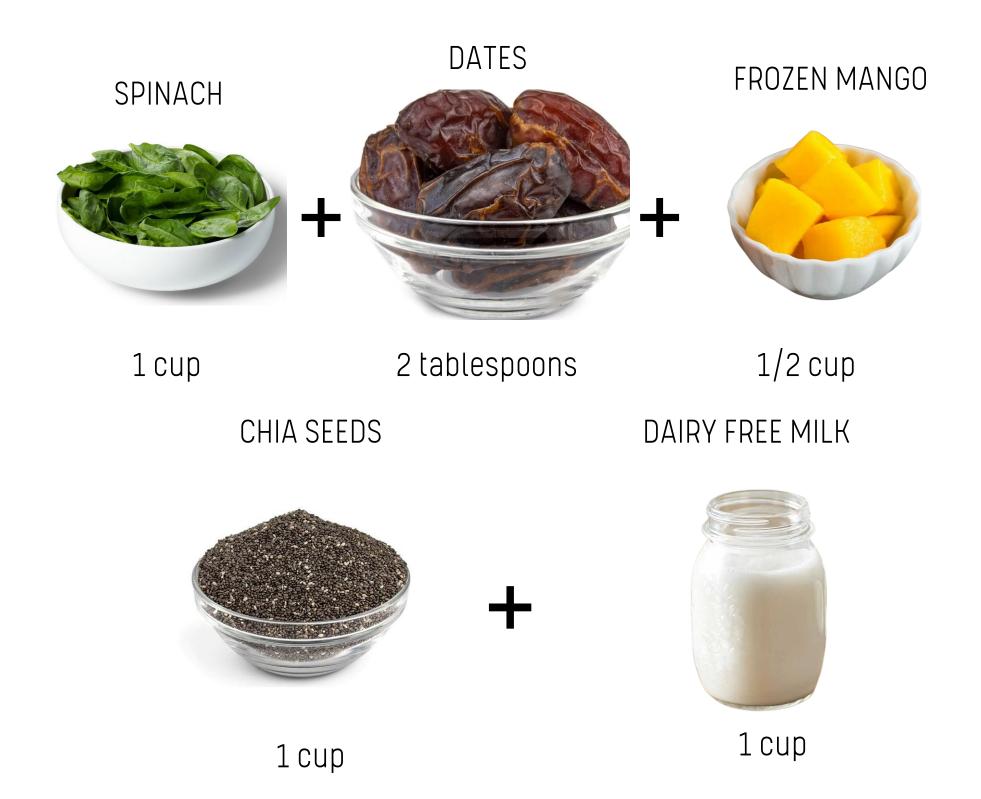


NOTE FOR PARENTS

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MANGO SPINACH SMOOTHIE

INGREDIENTS NEEDED



GATHER ALL INGREDIENTS PRIOR TO STARTING

MANGO SPINACH SMOOTHIE

MATERIALS NEEDED







blender

serving cup



smaller bowls







apron



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